

PROGRAM - THURSDAY, JULY 3rd

ROOM 1

SHOULDER - Miscelaneous

Moderator: Dr. Nestor Alarcón

08:20	08:30	Update on adhesive capsulitis	Dr. Diego Maticorena	Peru
08:30	08:40	The disabled throwing shoulder	Dr. John Kelly	USA
08:40	08:50	Partial cuff tears in athletes	Dr. Ariel De La Rosa	Mexico
08:50	09:00	Management of pectoralis major tears	Dr. John Kelly	USA
09:00	09:10	When to preserve the biceps	Dr. Ariel De La Rosa	Mexico
09:10	09:20	Multidirectional instability	Dr. José María Altisench	Spain

Discussion & questions

09:30 10:00 BREAK - COMMERCIAL EXPO VISIT

KNEE - Meniscus: Technical pearls videos

Moderator: Dr. Oscar Sosa

10:00	10:10	Current anatomy	Dr. José María Altisench	Spain
10:10	10:20	Anatomical considerations for proper meniscal suturing	Dr. Maurizio Albán	Peru
10:20	10:30	Meniscus roots	Dr. Rolando Suárez	Peru
10:30	10:40	All-inside ramp	Dr. Roberto Negrín	Chile
10:40	10:50	Bucket handle	Dr. Jaime Vásquez	Peru
10:50	11:00	Discussion & questions		
11:00	10:10	Radial tear	Dr. Naú Rojas	Peru
11:10	11:20	The discoid meniscus	Dr. Maria Tuca	Chile
11:20	11:30	Meniscectomy. When and why	Dr. Marco Concha	Peru
11:30	11:40	Meniscal transplant	Dr. Casandra Lee	EE.UU
11:40	12:00	Discussion & questions		

12:00 12:40 INAUGURATION CEREMONY

12:40 13:00 GENERAL ASSEMBLY

13:00 14:30 LUNCH

SHOULDER - Irreparable Cuff Tears: what do I do? Videos

Moderator: Dr. Oscar Sosa

14:30	14:40	Partial repair	Dr. Jesús Atencia	Peru
14:40	14:50	Technical aspects of arthroscopic massive cuff repair	Dr. John Kelly	USA
14:50	15:00	The biceps, my ally	Dr. Ariel De La Rosa	Mexico
15:00	15:10	Superior capsule with allograft	Dr. César Carreño	Peru
15:10	15:20	Subacromial balloon	Dr. José María Altisench	Spain
16:00	16:10	Tendon transfer, how and when	qaz	Peru

Case discussion & questions

16:20 16:50 BREAK - COMMERCIAL EXPO VISIT

Joint Preservation: From Biological to Mechanical				
Moderator: Dr. Claudia Arias				
16:50	17:00	Conservative treatment of chondral lesions in the knee	Dr. Diego Maticorena	Peru
17:00	17:10	Osteochondral lesions in the knee - update 2025	Dr. Casandra Lee	USA
17:10	17:20	Subchondral lesions - Subchondroplasty	Dr. Claudia Arias	Peru
17:20	17:30	Experience in autologous chondrocyte implantation	Dr. José Luis Rodrigo	Spain
17:30	17:40	Osteotomy around the knee in OA management	Dr. Renzo Ballón	Peru
17:40	17:50	Why the unicompartmental is a good option?	Dr. Roberto Negrín	Chile
17:50	18:00	Tips and tricks for partial knee arthroplasty	Dr. Guilherme Abreu	Brazil
18:00	18:10	Discussion & questions		

ROOM 2				
ANKLE - Sports pathology				
Moderator: Dr. José Delgado				
08:10	08:20	Lateral ankle instability	Dr. Xavier Martín	Spain
08:20	08:30	Syndesmosis instability	Dr. Luis Llamoca	Peru
08:30	08:40	Progressive collapsing foot deformity in athletes	Dr. Erik Huánuco	Peru
08:40	08:50	Plantar fasciitis	Dr. José Rodríguez	Peru
08:50	09:00	Insertional Achilles tendinopathy	Dr. Xavier Martín	Spain
09:00	09:10	Ankle instability in athletes	Dr. Claudia Reyes	Colombia
09:10	09:20	Peroneal tendon injuries	Dr. Luis Llamoca	Peru
09:20	09:30	Discussion & questions		
09:30	10:00	BREAK - COMMERCIAL EXPO VISIT		
ANKLE - Arthroscopy				
Moderator: Dr. Anibal Alvarado				
10:00	10:10	Approaches in ankle arthroscopy	Dr. Xavier Martín	Spain
10:10	10:20	Anterior ankle arthroscopy	Dr. José Delgado	Peru
10:20	10:30	Posterior ankle arthroscopy	Dr. Claudia Reyes	Colombia
10:30	10:40	Treatment of talar osteochondritis	Dr. Xavier Martín	Spain
10:40	10:50	Indications for tenoscopy	Dr. Claudia Reyes	Colombia
10:50	11:00	Ankle arthroscopy in fractures	Dr. Claudia Reyes	Colombia
11:00	11:10	Complications of ankle arthroscopy	Dr. José Delgado	Peru
11:10	11:40	ROUND TABLE: Clinical cases		
11:40	12:00	Discussion & questions		
12:00	12:40	CEREMONIA DE INAUGURACIÓN		
12:40	14:30	LUNCH		
RESEARCH PAPER AWARDS				
Moderator: Dr. Alfonso Barnechea				
16:20	16:50	BREAK - COMMERCIAL EXPO VISIT		

PROGRAM - FRIDAY, JULY 4TH

ROOM 1

SHOULDER - Arthroplasty

Moderator: Dr. Jesús Atencia

08:20	08:30	Anatomical arthroplasty in 2025: When to do it?	Dr. Ariel De La Rosa	Mexico
08:30	08:40	Scope debridement and bio resurfacing in young patients	Dr. John Kelly	USA
08:40	08:50	Rotator cuff arthropathy and reverse arthroplasty	Dr. Néstor Alarcón	Peru
08:50	09:00	Arthroplasty in instability: when and how	Dr. Alfonso Barnechea	Peru

09:00 09:30 **Casos y preguntas**

09:30 10:00 **BREAK - COMMERCIAL EXPO VISIT**

KNEE - Patellofemoral

Moderator: Dr. Rolando Suárez / Dr. José Luis Guzmán

10:00	10:10	Patellar dislocation: what to do	Dr. Guilherme Zuppi	Brazil
10:10	10:20	Patellofemoral: my therapeutic algorithm	Dr. María Jesús Tuca	Chile
10:20	10:30	LPFM reconstruction technique without implant	Dr. Claudia Arias	Peru
10:30	10:40	Why choose a dynamic technique in MPFL reconstruction?	Dr. Guillermo Zvietcovich	Peru
10:40	10:50	Orthobiologics in the degenerative knee	Dr. Claudia Arias	Brazil
10:50	11:00	Cartilage regeneration: state of the art	Dr. Cassandra Lee	USA

11:00 11:10 **Discussion & questions**

11:10 11:40 **VORTROM SYMPOSIUM: Argo system in rotator cuff** Dr. Alberto Martinez Colombia

KNEE - Ligaments 1

Moderator: Dr. Yuri Ochoa

11:40	11:50	Pediatric ACL: my algorithm	Dr. María Jesús Tuca	Chile
11:50	12:00	Anatomic ACL reconstruction: How to do it and not fail in the attempt?	Dr. Maurizio Albán	Peru
12:00	12:10	ACL reconstruction with hamstrings in professional athletes	Dr. Alejandro Ortega	Peru
12:10	12:20	The proximal tibiofibular joint	Dr. Roberto Negrín	Chile
12:20	12:30	Infection after ACL reconstruction	Dr. José Hernández	Spain

12:30 12:40 **Discussion & questions**

12:40 13:40 **BIOCELLS WORKSHOP: Acetabular labral tear or insufficiency: Effective treatment** Dr. Yuri Medina Peru

13:40 14:30 **LUNCH**

SHOULDER - Instability

Moderator: Dr. Alfonso Barnechea

14:30	14:40	First-time dislocation: when to operate	Dr. César Carreño	Peru
14:40	14:50	Tips to avoid failure in Bankart repair	Dr. John Kelly	USA
14:50	15:00	Remplissage: Is it for everyone?	qaz	Peru
15:00	15:10	When is the glenoid bone defect considered critical?	Dr. Alfonso Barnechea	Peru
15:10	15:20	Role of Latarjet in instability	Dr. Ariel De La Rosa	Mexico

15:20	16:00	Round table: Bone or no bone? Case-based discussion		
16:00	16:30	BREAK - COMMERCIAL EXPO VISIT		
		KNEE - Ligaments 2		
		Moderator: Dr. Luis Zagal		
16:30	16:40	ACL reconstruction: strategies for a safe and successful procedure	Dr. Yuri Ochoa	Peru
16:40	16:50	Choosing anterior cruciate ligament reconstruction surgery: individualization as a solution	Dr. Guilherme Abreu	Brazil
16:50	17:00	Role of tibial slope in ACL injuries	Dr. Guilherme Zuppi	Brazil
17:00	17:10	ACL revision: 1 or 2 stages	Dr. Ignacio Cardona	Mexico
17:10	17:20	ACL revision with "over the top" technique	Dr. Diego Maticorena	Peru
17:20	17:30	Combination of ACL and high-grade medial injury	Dr. María Jesús Tuca	Chile
17:30	17:50	Discussion & questions		
18:00		CLOSING CEREMONY		

ROOM 2				
08:00	09:30	KNEE UNICOMPARTMENTAL ARTHROPLASTY WORKSHOP		
		ImplanCast		
09:30	10:00	BREAK - COMMERCIAL EXPO VISIT		
10:00	12:30	SHOULDER ARTHROPLASTY WORKSHOP		
		ABL Alpstein		
12:30	14:30	LUNCH		
		HIP - Arthroscopy		
		Moderator: Dr. Pablo Cornejo		
14:30	14:40	Clinical analysis of femoroacetabular impingement (FAI) and unstable hip	Dr. Edicson Nizama	Peru
14:40	14:50	Imaging studies of FAI and unstable hip	Dr. Marco Oriundo	Peru
14:50	15:00	Evidence for FAI outcomes: Is it always necessary to operate?	Dr. Pablo Cornejo	Ecuador
15:00	15:10	Patient positioning with and without post	Dr. Thiago Fuchs	Brazil
15:10	15:20	Video: how I make basic portals and capsulotomy	Dr. Marco Rebatta	Peru
15:20	15:30	Video: how I perform a labral repair	Dr. Thiago Fuchs	Brazil
15:30	15:40	Video: how I manage the cam	Dr. Gustavo Cotrina	Peru
15:40	15:50	Arthroscopy and periacetabular osteotomy	Dr. Marco Rebatta	Peru
15:50	16:00	Management of trochanteric tendinopathies	Dr. Thiago Fuchs	Brazil
		Discussion & questions		
16:00	16:30	BREAK - COMMERCIAL EXPO VISIT		
		HIP - Preservation and Arthroplasty		
		Moderator: Dr. Yuri Ochoa		
16:30	16:40	Indications for arthroscopy in hip dysplasia	Dr. Julio Armas	Peru
16:40	16:50	Limits of arthroscopy in hip osteoarthritis	Dr. César Páucar	Peru
16:50	17:00	Risk factors for early conversion to hip prosthesis after arthroscopy	Dr. Gustavo Cotrina	Peru
17:00	17:10	Management of osteoarthritis in dysplastic hip	Dr. Yuri Medina	Peru
17:10	17:20	Post-arthroscopy complications	Dr. Marco Rebatta	Peru
17:20	17:30	Use of hyaluronic acid in the hip: current evidence	Dr. Thiago Fuchs	Brazil
17:30	17:40	Clinical cases: complex hip	Dr. Edicson Nizama	Peru
17:40	18:00	Discussion & questions		
18:00	CLOSING CEREMONY			

AUSPICIADORES:

